Careers



Class Schedule: Wednesdays, 10:10am-1:00pm

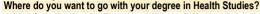
Location: on-line, via the UofT Quercus course website's "BB Collaborate" link

Instructor: Daniel Schluter, PhD; daniel.schluter@utoronto.ca

Open Office Hours: Wednesdays 1:30-4:30pm & Thursdays 1:30-4:30pm (or by appointment)

Office: on-line in "Course Room" via BB Collaborate

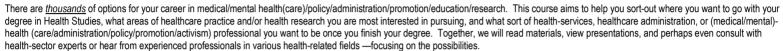
Limited to students enrolled in the UC Health Studies Specialist & Major Programs. Prerequisites: UNI250H1-Introduction to Research Methods in Health Studies; STA220H1-The Practice of Statistics (or equivalent)



...Med School ...Nursing Program ...Ministry of Health ...University Health Network ...Médecins Sans Frontières ...MaRS Discovery District ...Wellesley Institute Health Canada ...Ontario Public Health ...Public Health Agency of Canada ...Sick Kids' Hospital ...World Health Organization ...Ontario Health Coalition What field of health(care) practice/research do you want to get into?

...Pædiatrics ...Environmental Health & Protection ...Sports Medicine ...Neuroscience ...Healthcare Policy ...Rehabilitative Medicine ...Bio-Medical Informatics ...Health Genomics ...Trauma Surgery ...Home Health Care ...Malpractice Law ...Cancer Care ...Sexual Health ...Dental Care ...Biochemistry ...Pathobiology ..Organ Transplantation ...Eye Care ...Pharmaceutical Research ...Nursing ...Primary Care ...Social Work ...Psychiatry ...Hospital Administration ...Geriatrics What kind of health(care) professional do you want to be?

...Primary Care Physician ...Surgeon ...Physical Therapist ...Psychologist/Psychotherapist ...Paramedic ...Hospital Administrator ...Research Co-ordinator ...Healthcare Activist ...School Nurse ...Nutritionist/Dietician ...Life Guard ...Medical Technology Developer ...Medical Social Worker ...Personal Care Worker





HST350 is a seminar course for (mostly) 3rd-year students in the University College Health Studies Program, intended to prepare them for taking part in either the 4th-year HS Practicum placement (for Majors/Specialists) or a 4th-year Independent or Faculty-Guided Research Project (required of Program Specialists) —as well as to help them reflect on their current knowledge, skills, and abilities, assess their aspirations and options, and prepare them to make plans for life beyond University College, UofT.

Activities in this course will center on discussion (sharing ideas, knowledge, interests, and fears). working together to gauge reactions and offer helpful responses to issues raised, investigating and refining students' professional development goals, and engaging in experiential learning activities —all in order to help students answer the question: "Where do I go from here?"

The majority of course meetings will consist of inclass presentations focused around exploring, characterizing, and mapping career paths in an area of research or professional practice related to different medical professions or aspects of health(care) each week, as chosen by students and scheduled in the tables on the next pages.

Course Goals/Objectives

The most important goal of this course is to develop and enhance students' capabilities and confidence in determining their own futures. To that end, the four primary mandates of the course are as

- 1. to teach professional and research-related skills relevant to various health (care/research) professions, namely.
- a. what and whom one needs to know to get into each healthrelated profession explored,
- b. where and when to learn what is required and with whom to network in preparation,
- c. how the specific jobs/roles/activities in each field are organized and performed, and
- d. how a successful career/practice in the field is developed and sustained:
- 2. to expose students to a variety of organizations and practitioners in a number of health-related fields, through...
- a. gathering and presenting information on the organizations and practitioners operating in each area
- b. inviting professionals in the field to come to class as knowledgeable guest speakers, and/or
- c. making trips to visit organizations/agencies/offices where such professionals work to learn about what they do:
- 3. to prepare Health Studies students for a professional practicum or self-directed research study in their 4th year of the program, by...
 a. explaining the purposes and requirements for undertaking
 - the HS Practicum and HS Research Project and
- explicating processes and reviewing procedures and forms for HST400 (Practicum) and HST450 (Research Project); &
- to provide a forum for students to begin discussing their career aspirations, professional goals, and related opportunities/challenges

Attendance & Participation

Students should strive to attend all classes and are expected to participate actively in class discussions. share their experiences and insights, and engage with each other in the process of career exploration in ways that are both supportive and challenging.

Resources & Readings

Required readings for each class will be related to that week's particular area of health care/research and students should endeavour to use media presentations in class that effectively represent 'what it means', 'what it is like', and 'what it takes' to get-into and succeed in that profession. This should help HS students to suss-out their own personal interests, sort-out the various career options they may wish to pursue, and seek-out the expertise and advice of knowledgeable professionals in a variety of health-related disciplines. Resources & Readings will be posted to the UofT's Quercus course website [https://q.utoronto.ca/].

Assignments & Course Marks

Assignments for this course are designed to help clarify and test students' professional development goals. All written assignments should be submitted using the "Assignments" link and will be returned via the "Grades" link on the Quercus course website.

Assignment	Graded Activity	Due Date	% of Grade
Learning Objectives & Career Goals			5%
Self-Exploration through Personality Testing	Take both 1] the Myers-Briggs Personality Type Indicator Test [https://www.16personalities.com/free-personality-test] and 2] a version of the Five-Factor Personality Test [http://personalitytest.net/ipip/index.html] or [http://www.personal.psu.edu/faculty/i/5/i5i/IPIP/] to learn how your personality, character, temperament, disposition, manner, and "natural reactions/instincts" affect your suitability for various careers.	20 January	5%
Presentation to Class about Professional Careers in an Area of Medical/Health(care) Practice or Research	Prepare readings, discussion points, and in-class activities related to some health(care) research <u>and/or</u> practice area which is of particular interest to you for a 40-minute presentation to the class one week during the term. This may include listening to and/or viewing audio/video programs/presentations/documentaries, or conducting a class exercise to orient fellow students to and educate them about the career paths available to those interested in pursuing that type of profession. You will need to work with the course instructor to develop materials at least one week in advance and submit the final version of your presentation on Quercus.	One Wed. between 03 February & 07 April	20%
Review & Mark 10 Fellow Students' Presentations	Evaluate and provide a suggested assignment mark for <u>10</u> of your fellow students' in-class presentations, discussing substance/content, presentation style/effectiveness, and use of available resource materials. (Submit on-line via the Quercus <u>anonymous</u> peer review function.)	week after each presentation	10%
Research Ethics Certification			5%
Professional Résumé and Cover Letter, plus	• Create an academic <i>curriculum vitæ</i> for yourself (or submit your current version) and compose a "personal statement of interest" suitable for applications to graduate-school, professional-training programs in an area of Health(care) Practice/Research that interests you.		5%
Academic CV and Personal Statement			10%
HS Practicum or Re- search Project Proposal			20%
Final Reflective Paper	Write a final paper (about 5 single-spaced pages) reflecting on your strengths and weaknesses, current professional goals, and the competencies and knowledge you have acquired through this course and throughout your program of study. Also consider your learning objectives and		20%
	career goals at the beginning of the course, how you feel about those things now, and what you next steps should be toward your career.	TOTAL=	100%





Topic: Course Introduction: Prospects & Dilemmas, plus Your interests & ambitionsinclinations, fascinations, obsessions); Course Scope & Organization Topic (Career/Profession) for your class presentation	Preparation (to be done <u>before class</u>) None	In-Class Activities Discuss Career Goals Course Objectives, Assignments				
Prospects & Dilemmas, plus Your interests & ambitions inclinations, fascinations, obsessions); Course Scope & Organization Topic (Career/Profession) for your class presentation	None	Career Goals				
		Negotiate & Schedule Presentation Topics & Dates				
Assignment Due — Have a co	py of <u>both</u> Myers-Briggs Personality Type and Five-Factor Personality Test results to re	view and submit on Quercus.				
& Self-Discovery: Who am I? (consider: age, education, culture, background, personality, character, temperament, disposition) What are my "ways"? preferences, problem areas, peculiarities of style, demeanour, manner, attitude)	Myers-Briggs Personality Type Indicator Test [https://www.16personalities.com/free-personality-test] Personality Test Center: Psychometric Services, International Personality Item Pool Representation of the NEO PI-R [http://personalitytest.net/ipip/index.html] or John A. Johnson, PhD, International Personality Item Pool Representation of the NEO PI-R™ (IPIP-NEO) [http://www.personal.psu.edu/faculty/i/5/j5j/IPIP/]	Know Yourself Workshop with Husna Arif from the Career Exploration & Education Department of the Uoff's Student Life Centre & the University College Success Centre Review Readings Discuss • Personality Test Results • Interrelationship of Personality, Interests, Ambition/Motivation, Stamina, Success, & Resilience				
Assignment Due — Submit a statement of your Course Learning Objectives and Career Goals (1-2pp) on-line via Quercus.						
What should I say? What ideas/information do I need to convey? How do I say it "right"? How will I know whether my audience really "gets it"?	Readings deWinstanley & Bjork (2002) "Successful Lecturing: Presenting Information in Ways That Engage Effective Processing" New Directions for Teaching & Learning, 89:19-31 Wells (2017) "How to Get Ready for Your Next Big Speech or Meeting —according to science" Resources To be supplied by Workshop Leader	Giving Presentations & Public Speaking Workshop with <u>Yaseen Ali</u> from the Academic Success Department of the UofT's Student Life Centre Review Readings				
Careers in Dentistry/Orthodontics	Readings Canadian Dental Association (2021) "Pursuing a Career in Dentistry" <u>CDA website</u> (Ottawa, ON, Canada) Truity Psychometrics (2020) "Dentist" <u>Truity.com website</u> (Oakland, California, USA: Truity Psychometrics LLC)	Student Presentation by Polina Kargapolova				
Careers in Health Promotion	 Reading Health Development Agency (2004) "The effectiveness of public health campaigns" <u>HDA Briefing No. 7: Consumers and Markets</u> (London, England, UK: National Health Service) 	Student Presentation by Julia Skalinska				
Careers in Health Law	Readings Watts (2014) "Health Law in Canada" Osler.com website (Toronto, ON, Canada: Osler, Hoskin & Harcourt LLP) Kang (2014) "How to break into the field of health law" Canadian Lawyer Magazine (15 September)	Student Presentation by Carley Moore				
Caraara in	 Reading McCleary et al. (2006) "A Diagnostic Approach to Understanding Entrepreneurship in Health Care" <u>Journal of Health and Human Services Administration</u>, Vol. 28, No. 4, pp. 550-577 	Student Presentation by Vishar Yaghoubian				
Assignment Due — TCPS2 CORE Research Ethics Certification Training (Submit copy of certificate on Quercus.)						
Research & Development	Reading • Mendeley Careers (2017) "Making the transition to an R&D role in the Pharmaceutical Industry" Careers/ Jobs by field section of Mendeley.com website (Amsterdam, Netherlands: Elsevier, B.V.)	Student Presentation by Daniella Ekmekjian				
Careers in Health Advocacy	Reading • Loue (2006) "Glossary: Community health advocacy" <u>Journal of Epidemiology & Community Health</u> Vol. 60, pp. 458-463	Student Presentation by Nasma Ashraf				
Careers in Clinical Healthcare Ethics	Reading Singer, et al. (2001) "Debate: Clinical ethics revisited" <u>BMC Medical Ethics</u> Vol. 2, No. 1 (Bio-Med Central, Ltd.)	Student Presentation by Kate Tsiandoulas				
Careers in Community Organizing for Health	Reading Pastor <i>et al.</i> (2018) "How Community Organizing Promotes Health Equity, And How Health Equity Affects Organizing" Health Affairs, Vol. 37, No. 3, pp. 358-363	Student Presentation by Chloe Tse				
	Reading Week — No Class					
Assignment Due — Have a copy of your professional <i>Résumé</i> and a mock/draft/previous job Cover Letter as well as a (draft/potential) <i>Curriculum Vitæ</i>						
and a mock/potential Personal- Self-Presentation: n everyday life & in important career/professional activities What am I good at?	Interest Statement for possible grad-school applications for others to review in-class (and a Readings Goffman (1959) The Presentation of Self in Everyday Life (Selections) Reprinted as Chapter 6 "Supporting Identity: The Presentation of Self" in: Newman & O'Brien, Eds. Sociology, Exploring the Architecture of Everyday Life: Readings (Thousand Oaks, CA, USA: Pine Forge Press, 2010) Kaplan & Fisher (2009) "A Rose by Any Other Name: Identity and Impression Management in Résumés" Employee Responsibilities & Rights Journal, 21:319–332 Arendt (2014) "10 Essential Tips for Your Amazing Social Work Résumé" The New Social Worker, 21(3):10-12					
	Careers in Clinical Healthcare Ethics 20-1:00pm Careers in Community Organizing for Health Assignment Due — Have a cop and a mock/potential Personal- Self-Presentation: n everyday life & in important career/professional activities What am I good at?knowledge, skills/abilities	Careers in Clinical Healthcare Ethics Singer, et al. (2001) "Debate: Clinical ethics revisited" BMC Medical Ethics Careers in Community Organizing for Health Reading Pastor et al. (2018) "How Community Organizing Promotes Health Equity, And How Health Equity Affects Organizing" Health Affairs, Vol. 37, No. 3, pp. 358-363 Reading Week — No Class Self-Presentation: Reading Self-Presentation: Reading Self-Presentation: Readings Self-Presentation: Readings Goffman (1959) The Presentation of Self in Everyday Life (Selections) Reprinted as Chapter 6 "Supporting Identity: The Presentation of Self in: Newman & O'Brien, Eds. Sociology, Exploring the Architecture of Everyday Life: Readings (Thousand Oaks, CA, USA: Pine Forge Press, 2010) Kaplan & Fisher (2009) "A Rose by Any Other Name: Identity and Impression Management in Résumés" The New Social Worker, 21(3):10-12 Resources Presentation of Self in Everyday Life (Selections) Reprinted as Chapter 6 "Supporting Identity: The Presentation of Self in: Newman & O'Brien, Eds. Sociology, Exploring the Architecture of Everyday Life: Readings (Thousand Oaks, CA, USA: Pine Forge Press, 2010) Kaplan & Fisher (2009) "A Rose by Any Other Name: Identity and Impression Management in Résumés" The New Social Worker, 21(3):10-12 Resources				









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Winter 2021 HST350 Health Studies – Research & Practice Weds, 10:10am-1:00pm

Date	Topic:	Preparation (to be done before class)	In-Class Activities			
Apr 07 (cont.)	Careers in Health Services Research	Reading • US Institute of Medicine, Committee on Health Services Research: Training and Work Force Issues (1994) Health Services Research: Opportunities for an Expanding Field of Inquiry: An Interim Statement (Washington, DC, USA: National Academies Press)	Student Presentation by Efy Zouridaki			
	12:20-1:00pm Careers as a Health Data Analyst	Readings AbouZahr (2010) "Professional Profiles – Carla AbouZahr: A roundabout path to health statistics" Health Information Management Journal, Vol. 39, No. 2, pp. 61-62 U (2021) "How to Become a Data Analyst in 2021" from STEM Career Paths section of Masters in Data Science website (Lanham, Maryland, USA: 2U, Inc.)	Student Presentation by Diane Kim			
	1:00-1:30pm Careers as a Neurosurgeon	Reading • Wise, J. (2020) "Life as a neurosurgeon" <u>British Medical Journal</u> , Vol. 368, m395	Student Presentation by Karen Elizalde Hernandez			
Apr 14		Assignment Due — Final Reflective Paper (Submit on Quercus.)				



