UC ALUMNI OF INFLUENCE 2017 DIRECTOR

DANIEL BROOKS

THE AGING FEMALE BRAIN

STUDENT MENTAL HEALTH

The State of SCIENTIFIC RESEARCH in Canada

FALL 2017

+

Please join us in celebrating the

2017 UC ALUMNI of INFLUENCE AT THE SIXTH ANNUAL AWARDS DINNER AND GALA

Thursday, November 16, 2017

The Carlu 444 Yonge Street, Toronto

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Read more about this year's honourees on page 20.

UNIVERSITY COLLEGE



PRINCIPAL'S MESSAGE

KEYNOTE THE BIOETHICS OF EVERYDAY LIFE

PART WAY THROUGH my doctoral studies in philosophy, in the early 1990s, I took a gap year. I returned to Toronto, my home town, and worked at a housing program for people with HIV and special needs: homelessness, psychiatric illness, recovery from drug addiction, and the like. This turns out to have been one of the worst years of the AIDS epidemic and I did my best to help the residents of the program struggle with ill health and stigma on top of their other challenges.

I usually worked the night shift, from 11:00 p.m. to 7:00 a.m., and that meant that, on the quiet nights, I could read. I became interested in what philosophers were saying about the AIDS crisis.

Philosophers had first addressed the moral issues arising from disease and illness in the 1960s as part of the new interdisciplinary field of bioethics. As medicine developed techniques that prolonged life—whether that of a newborn with severe disabilities or an octogenarian in an intensive care unit—more and more people came to realize that doctors' medical expertise did not guarantee that they knew what was morally right for their patients.

When I started reading what bioethicists had written about the AIDS epidemic, I was struck by how the questions they explored were primarily addressed to health care and public health professionals—whether testing for HIV should be mandatory for certain groups, whether physicians treating an HIV-positive patient have a duty to warn third parties of her BY DONALD AINSLIE

or his infection, whether health care professionals with HIV should be restricted in their practices.

But these were not the moral questions that the residents I was working with were facing. They wrestled with when to disclose their condition to others; what sexual responsibility entailed; and how to have a meaningful life when it seemed likely to be massively abbreviated.

I started to realize that these questions in what I now call the bioethics of everyday life are pervasive and indeed have a kind of logical priority to the dominant questions in bioethics that focus on medical practice and public health. If we want patients to have autonomy over their health care decisions, we presuppose that each of us has something at stake morally in our own personal struggles with health and disease.

My work that year inspired me to take a second master's degree in bioethics when I returned to grad school, and it remains a research and teaching interest.

More often than not during my term as UC Principal, I have taught a large, introductory bioethics class, a particularly interesting pedagogical task in that most of the students are specializing in the sciences and thus rarely get the chance to reflect critically on their main areas of study.

This issue of *UC Magazine* explores how others in our community engage with the challenge of health and disease. University College alumni include such giants as **CHARLES**



BEST (BA 1921 UC), co-discoverer of insulin; **JOHN MCCRAE** (BA 1894 UC), World War One field doctor and poet; **ERVING GOFFMAN** (BA 1945 UC), the sociologist of stigma; and **REVA GERSTEIN** (BA 1938 UC), psychologist and mental health pioneer. This issue demonstrates that the College—its staff, students, faculty, and alumni—continue to work to better our response to what Susan Sontag called the "night-side of life."

CONTRIBUTORS



KIRK SIBBALD

Born and raised in Saskatchewan, Kirk Sibbald ("An Intimate Pursuit," page 38) has been writing in one form or another for as long as he can remember. After graduating with a BA in English (University of Saskatchewan) and MA in Journalism (University of Western Ontario), Sibbald worked in newspapers for a short while before moving into the communications and marketing field. He currently lives in Saskatoon with his spouse and two young daughters.

TRACY HOWARD

Tracy Howard ("Healthier Minds," page 12) is a writer, editor, and content director specializing in lifestyle, health, and travel. She's contributed Today's Parent, Flare, the Toronto Star, and was also formerly the editor in chief of CAA Magazine. She had once pondered psychology as an alternative career path, so found writing about the mental health struggles of U of T students for this issue an intriguing assignment. While it's alarming to hear about the high rates of anxiety and depression among students, Tracy thinks the conversation happening now around mental health is a positive step.

SHELDON GORDON

Sheldon Gordon ("Funding the Fundamentals," page 8) is a freelance writer based in Toronto. He served in the parliamentary press gallery with the *Toronto Star* and *Financial Post*, was an editorial writer and columnist with the *Globe and Mail*, and a current affairs producer with CBC -TV.

JENNIFER MCINTYRE

Jennifer McIntyre ("Cerebral CorteXX," page 16) is a writer and editor based in Toronto, Ontario. She builds model airplanes in her spare time, bakes a mean chocolate chip cookie, and holds the regional record for most bones broken in a solo urban bicycle accident. Jennifer has written for CBC Sports, the Discovery Channel, Deutsche Welle Online, and CNIB.ca. Her work has also appeared in Grain Magazine, Seasons Magazine, The Journal of the Canadian Association for the Advancement of Women in Sport, Dandelion, Ms. Magazine, Xtra, and Lexicon. Her website is jenmceditor.com.



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University College Alumni Magazine

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MAKING MODELS September 6 to October 6, 2017

An exhibition bringing together architecture and art to advance critical ideas in experimental architecture in Toronto. Art Museum, University of Toronto Art Centre Northeast corner of UC

For info: artmuseum.utoronto.ca

S.J. STUBBS LECTURE IN CLASSICS September 19, 2017 at 4:30 p.m.

Truth to Power: Politics From Below in Roman Comedy Professor Amy Richlin Professor of Classics University of California Los Angeles UC Room 140 For info: (416) 978-7416

UC ALUMNI SALON

September 25, 2017 at 6:00 p.m.

How Urban Archaeology is Reshaping our Understanding of Toronto's Early Immigration History John Lorinc (BSc 1987 UC), Senior Editor, Spacing UC Alumni Lounge, Room H12 For info: (416) 978-2968

UC ALUMNI BOOK CLUB

UC Room 240

For info: (416) 978-2968

September 28, 2017 at 7:00 p.m. Join the discussion on The Betrayers by David Bezmogis





UC ALUMNI BOOK CLUB

For info: (416) 978-2968

of People

by Zoe Whittall

UC Room 240

January 18, 2018 at 7:00 p.m.

F.E.L. PRIESTLEY MEMORIAL LECTURES IN THE HISTORY OF IDEAS October 16, 17 & 18, 2017 at 4:30 p.m.

The Seven Grandmothers: Indigenous Law, Ethics, and Canada's Constitution Professor John Borrows Canada Research Chair in Indigenous Law Nexen Chair in Indigenous Leadership University of Victoria UC Room 140 For info: (416) 978-7416

UC ALUMNI SALON

October 18, 2017 at 6:00 p.m. Healthy Brain Aging and Alzheimer's Disease: Clearing the Garbage from Your Brain Cells Professor Wai Huang (Ho) Yu (BSc 1991 UC) Assistant Professor of Pathology and Cell Biology Columbia University UC Alumni Lounge, Room H12 For info: (416) 978-2968

SOBEY ART AWARD

October 24 to December 9, 2017 An exhibition of five works by artists shortlisted for the Sobey Art Award for contemporary young Canadian artists Art Musem, University of Toronto Art Centre Northeast corner of UC For info: artmuseum.utoronto.ca

UC ALUMNI SALON February 15, 2018

Holding Power to Account: The Art of the Investigation Jim Williamson (BA 1982 UC), Executive Producer, The Fifth Estate Hart House, Room TBA, 7 Hart House Circle, Toronto For info: (416) 978-2968

Join the discussion on The Best Kind

John Borrows

PUGLIESE-ZORZI ITALIAN CANADIAN STUDIES LECTURE SERIES February 1, 2018 at 5:30 p.m.

Title TBA Professor Linda Hutcheon (BA 1969 UC) University Professor of English and Comparative Literature University of Toronto U of T Faculty Club, 41 Willcocks Street, Toronto For info: (416) 978-7416

F.E.L. PRIESTLEY MEMORIAL LECTURES IN THE HISTORY OF IDEAS March 13, 14 & 15, 2017 at 4:30 p.m.

The End of Knowledge Professor Jill Lepore David Woods Kemper '41 Professor of American History Harvard University UC Room 140 For info: (416) 978-7416

W.J. ALEXANDER LECTURE March 22, 2018 at 4:30 p.m.

The Aesthetics of Crisis: Art, Writing, and the Politics of Being Professor Simon Gikandi Robert Schirmer Professor of English Princeton University UC Room 140 For info: (416) 978-7416

N. GRAHAM LECTURE March 27, 2018 at 4:30 p.m.

Reverse Engineering Common Sense in the Human Mind and Brain Professor Josh Tenenbaum Department of Brain and **Cognitive Sciences** Massachusetts Institute of Technology UC Room 140 For info: (416) 978-7416



PERMANENTLY UNDER CONSTRUCTION: CANADIAN NATION BUILDING AND IMMIGRATION October 12 & 13, 2017

An interdisciplinary conference probing the legal, artistic, and historical dimensions of the Canadian immigrant experience.

Featuring a keynote speech by author Rawi Hage. U of T Faculty Club, 41 Willcocks Street, Toronto For info: (416) 978-8083

Rawi Hage

SCRIBBLING FOR A LIVING October 12, 2017 at 6:00 p.m.

Book launch featuring Hart Hanson (BA 1981 UC), author of *The Driver* and creator of the TV series *Bones*. Rotman School of Management, Desautels Hall 105 St. George Street, Toronto For info: (416) 978-7416

UC BOOK SALE October 13 to 16, 2017

Proceeds support students and the UC Library UC East and West Halls For info: (416) 978-0372

PUGLIESE-ZORZI ITALIAN CANADIAN STUDIES LECTURE SERIES

October 26, 2017 at 5:30 p.m. Title *TBA* Professor Gabriele Scardellato Mariano A. Elia Chair in Italian-Canadian Studies Associate Professor of Languages, Literatures, and Linguistics York University U of T Faculty Club, 41 Willcocks Street, Toronto For info: (416) 978-7416



UC ALUMNI OF INFLUENCE AWARDS November 16, 2017 at 6:00 p.m. Sixth annual awards gala in celebration of distinguished UC graduates. The Carlu, 444 Yonge Street, Toronto For info: (416) 978-2968 or uc.utoronto.ca/aoi

R.K. TEETZEL LECTURE IN ARCHITECTURE

Animation and the Contemporary Art of War: Postcards from Tora Bora (Kelly Dolak and Wazhmah Osman, 2007) November 21, 2017 at 4:30 p.m.

Professor Karen Redrobe Elliot and Roslyn Jaffe Professor of Cinema and Modern Media Chair, Department of the History of Art University of Pennsylvania UC Room 140 For info: (416) 978-7416



UC ALUMNI SALON

March 8, 2018 at 6:00 p.m. Consumed: Broadening the Conversation About Healthy Food Sarah Elton (BA 1998 UC), Author of Locavore Hart House, Music Room 7 Hart House Circle, Toronto For info: (416) 978-2968





Jill Lepore

UC BOOK CLUB April 12, 2018 at 7:00 p.m. Join the discussion on *The Hero's Walk* by Anita Rau Badami UC Room 240 For info: (416) 978-2968

UC ALUMNI MAGAZINE 07





BY SHELDON GORDON

FUNDING THE DAMENTAL

> ormer U of T president **DAVID NAYLOR** (1974 UC) likes to refer to the field of artificial intelligence (AI) as an example of what can happen when Canada under-funds basic scientific research.

> "In the 1980s and 1990s, the Canadian Institute for Advanced Research (CIFAR) did something bold," he says. "While the rest of

the world was sceptical about openended, machine-based learning and focused on computer science that was based on programs written by humans, CIFAR pushed ahead with AI, to enable machines to learn more independently."

This was seen as very high-risk at the time, but Canada quickly became a hot-bed for AI, he says. "Fast forward 10 or 15 years, and we are producing the best talent in the world in what has become a very hot area. But because we did not invest in research, we did not provide opportunities either for commercialization of the research we were doing or for scientists to continue working in this field in academe." The result was that Canada's leading AI researchers moved to the US, where they became prominent in Facebook, Google, Uber and other high-tech companies. The last federal budget restored funding to AI-related research and Canada is trying to repatriate some of its AI talent. "But this is a perfect microcosm of what happens when you fail to capitalize on investments that have been made, where you define an area and let others capitalize on it."

When **KIRSTY DUNCAN** (BA 1986 UC), Canada's Minister of Science, launched a comprehensive review of federal support for fundamental science—the first such review in over



Professor David Naylor (1974 UC), former U of T President and Chair of Canada's Fundamental Science Review

"WE ARE PRODUCING THE BEST TALENT IN THE WORLD... BUT BECAUSE WE DID NOT INVEST IN RESEARCH, WE DID NOT PROVIDE OPPORTUNITIES FOR COMMERCIALIZATION..."

four decades—she appointed Naylor, professor of medicine, to head the blue-ribbon panel of experts.

The panel undertook a broad consultative process, receiving 1,275 written submissions from individuals, associations, and organizations. It also held a dozen round tables in five cities, engaging some 230 researchers at different career stages. Its report, *Investing in Canada's Future: Strengthening the Foundations of Canadian Research*, was published in April. Naylor's panel highlighted a drop of more than 30% in real-dollar terms per capita funding for independent or investigator-led research in Canada's universities, colleges, institutes, and research hospitals. This drop was due to caps on federal funding to the granting councils (for health, science and engineering, and social sciences) and a shift in funding toward applied science and partnership-oriented research.

Scholars applying to the councils are either highly unlikely to win research grants—or will win them at inadequate levels, says Naylor. The Canadian Institutes of Health Research (CIHR) now has success rates under 15%. "Many peer nations think that a competition that is at that level begins to turn into a lottery," he says. "What [the panel's round tables] heard from younger and older scholars alike is that they were seeing individuals who had gone years without external funding and were basically giving up."

On the other hand, the Natural Sciences and Engineering Research Council of Canada (NSERC) has maintained higher success rates for applicants, but only by capping its grants at around \$35,000, which "Is not even enough to pay for a postdoctoral fellow, let alone to supply that individual with the wherewithal to do experiments."

Naylor is also concerned that funding from federal government sources now accounts for less than

SCIENCE

25% of total spending on research in higher education. While relative to GDP, Canada leads the G7 nations in total research outlays by the post-secondary sector, institutions themselves now fund 50% of these costs.

"Look at small countries such as Singapore, Australia, and the Netherlands that are outperforming Canada on a per capita basis in research," he says. "None of them has this kind of funding profile."

The problem with Canadian institutions funding such a high proportion of their research is that the money largely comes out of tuition fees and provincial grants. That leaves less money for undergraduate education. "You find that your research universities tend to have large classes," he says.

The Naylor panel recommended a major infusion of federal cash for basic research, calling for an increase to \$4.8-billion from \$3.5-billion over four years—an annual average growth rate of 9%. Is that too ambitious a target?

Naylor notes that from 2000-2001 to 2007-08, total granting council spending grew at about 9% annually for seven years. The proposed new spending would occur over four years, and would be somewhat lower on an annualized basis because the seven-year figure is calculated in constant dollars. "The federal budget is now over \$300-billion per year," he says. "We're talking growth of only 0.1% per annum of that budget being redirected to research."

If Canada would like "to continue to fall further behind [other countries], try staying at the current level. If you'd like to catch up, you're going to have to invest the money that we're recommending."



Dr. Kirsty Duncan (BA 1986 UC), Canada's Minister of Science

"WE'VE HAD A GOOD Year in Science,"

says Minister of Science **KIRSTY DUNCAN** (BA 1986 UC), as she lists some of her initiatives. "We've put in place new equity and diversity requirements for both the Canada Excellence Research Chairs and the Canada Research Chairs." She also recently launched the Canada 150 Research Chairs, one-time funding designed to attract 25 internationally esteemed researchers and Canadian expats who wish to relocate to Canada.

The search is on to fill the newly restored post of Chief Science Advisor (CSA), a role that the Harper government had eliminated. (The CSA's main function, as defined in the job description, will be to advise the government on how to ensure that research conducted in federal labs is fully available to the public, that scientists are able to speak freely about their work, and that scientific analyses are considered when Ottawa makes decisions.)

As for new federal dollars for research, Duncan cites the \$950 million committed for 2017–2022 to support business-led innovation superclusters—"which of course academia will be involved with"; \$221 million in funding over five years for Mitacs's work-integrated learning programs to provide 10,000 internships per year to post-secondary students; and a \$125-million Pan-Canadian Artificial Intelligence Strategy for research and talent, administered by CIFAR.

"That's on top of 2016's investment of \$2-billion for improving research and innovation infrastructure at universities and colleges," she says, noting that, "some of our labs are 25 years old. And we made the largest investments in the three granting councils in a decade."

Duncan then broaches the expert panel's review. Praising it as a "comprehensive, rigorous, thoughtful report," she adds: "The majority of its 35 recommendations I agree with." But in response to the key proposal of a four-year, \$1.3-billion increase for the granting councils, she says: "I have to be realistic, too. There was 10 years of science being gutted by the previous government. I can't rebuild that in four years."

She does support the report's proposal for a board to align the granting agencies, and promises to take action on that. "The granting councils are working together, and we're going to make sure the Canada Foundation for Innovation is included with that, and that the CSA is included as well as the president of the National Research Council. We want it to be more coordinated."

Duncan is also open to the expert panel's proposal for a National Advisory Council on Research and Innovation. "Do I think that's important? Absolutely." The structure of such a Council, however, remains an open question.



HOW UC IS HELPING STUDENTS WHO STRUGGLE WITH MENTAL HEALTH AND WELL-BEING





niversity years are often heralded as among the happiest of a person's life, but post-secondary studies have always

come with inherent stresses. The exhilaration of learning from worldclass educators and experiencing the cornucopia of campus life is balanced with academic and often financial pressures. Added to those demands is the challenge many students face of living independently for the first time. While university students have always had stress, recent data and demand for campus counselling services indicate this generation of learners is experiencing a mental health crisis.

About 64% of Canadian postsecondary students reported feeling overwhelming anxiety over the past 12 months, and 12% had seriously considered suicide over the same period, according to results from an online survey released last fall.

The National College Health Assessment (NCHA) findings represent the responses of 43,000 students from 41 Canadian postsecondary institutions, including about 5,000 from the University of Toronto. Among U of T respondents, 45% reported feeling so depressed over the past year they found it difficult to function.

The data also indicate more postsecondary students are experiencing mental health challenges than in 2013 when the NCHA survey was first conducted in Canada. Compared to the first survey, suicide ideation is up by 26 %.

"It's speaking to the fact that students are reporting considerable distress in terms of mental health," says Dr. Andrea Levinson, Psychiatrist-in-Chief at U of T's Health & Wellness Centre. "But it's self-reported data by students, so it has to be interpreted in that manner."

"STUDENT LEADERS PLAY A KEY ROLE IN CREATING A SUPPORTIVE COMMUNITY THAT ENCOURAGES PHYSICAL AND MENTAL WELL-BEING, FOSTERS RESILIENCY, AND DECREASES STIGMA"

The mental health issues indicated in both surveys mirror the problems U of T students are seeking help for on campus.

Dr. Levinson, who is also an Assistant Professor in the University's Department of Psychiatry, estimates the number of students seeking mental health assistance at Health & Wellness is increasing by 10% yearly.

"It's about figuring out which concerns need a clinical approach; it could be an academic issue, and they need a learning strategist," says Dr. Levinson. "It's about not trying to over-pathologize the concern."

As for the most common

psychological issues reported at U of T, Dr. Levinson advises that "anxiety trumps depression." She shares that some of the severe worries U of T students seek help for have to do with academics, finances, and the ability to connect. Depressive symptoms presented include low mood, sleep issues, fluctuating energy, and appetite changes. Dr. Judith Laposa (BSc 1999 UC), a psychologist in the Mood and Anxiety Service at Toronto's Centre for Addiction and Mental Health (CAMH), clarifies the difference between the anxious feelings and down moods we all experience, and the level at which they become a disorder.

"It's actually interfering in life functioning," says Dr. Laposa, also an Assistant Professor in the Department of Psychiatry at U of T. "When someone has an anxiety disorder or has major depressive disorder, it could look like it's interfering in his or her ability to socialize, have meaningful relationships, or engage in school-related activities."

While there is an absence of data to explain why this student cohort is struggling, there are theories about multiple contributing factors.

One constant is that early adulthood is the period when symptoms of mental illness emerge. Statistics from the Mood Disorders Society of Canada indicate that the age with the highest rate of depression symptoms is under 20, and the age range with the highest rate of anxiety symptoms is 20 to 29.

But Dr. Levinson believes there are stressors specific to 2017 that are increasing the demand for support. She cites factors including the transition from education to a career being more difficult, the digital culture of 24/7 availability creating an inability to shut off, and the reduction of stigma, so students feel more comfortable seeking support.

But students' openness to help is challenged by an access issue for mental health assistance in Ontario and beyond.

"The highest proportion of people trying to access emergency departments because of lack of service for mental health are youth," says Dr. Levinson.

Another theory mentioned by both Dr. Laposa and Dr. Levinson is the decreased differentiation around academic achievement in secondary schools, which may be making students less prepared for university.

Added to this is the changed family culture in which helicopter parents are overly involved in their kids' school life, leading students to feel at a loss when that support is removed at university.

On an individual level, beyond an

U OF T MENTAL HEALTH BY THE

appropriate antidepressant, the best help for anxiety disorders may be Cognitive Behavioural Therapy (CBT), a short-term method that looks at thoughts and behaviours and how they contribute to a difficulty. "What has the strongest research support for mood and all the anxiety disorders from a psychotherapy perspective is CBT," says Dr. Laposa.

Improving the well-being of an institution is a more mammoth undertaking, and in response, in 2014 U of T released the Student Mental Health Strategy and Framework, which was updated in 2016.

The Framework focuses on a systems approach by looking at the role the entire University plays in creating a healthy environment.

Among its 22 recommendations were calls for increasing mentalhealth communication; introducing preventive, educational, resiliency, and anti-stigma programming; addressing the mental health needs of diverse communities, such as LGBTQ and graduate students; expanding partnerships with off-campus health resources; and increasing peer mentorship offerings.

A key success so far from the Framework, according to Dr. Levinson, is providing greater access to mental health supports. In 2015, Counselling and Psychological Services and Health Services merged at Health & Wellness to enhance the delivery of coordinated physical and mental health care. Access has also been improved through embedded counselling and learning assistance services in 21 faculties, departments, colleges, and residences on the St. George campus.

University College has also embraced the Framework's recommendations. "We have focused on an integrative approach that includes offering urgent support for students in distress, embedded counselling services in the College, preventive programming to promote mental wellness, and coordinated student communications to offer information on resources and mental health strategies," says UC's Dean of Students, Melinda Scott.

A key innovation has been the College's sUCcess Centre. Created in 2012, it is place where students can go for personal counselling, career advising, learning skills development, and international student support. In the upcoming UC Revitalization, the space currently being used for the sUCcess Centre will be renovated and will also house the Writing Centre in what will be a newly named sUCcess Commons. Scott explains: "Students will be able to access curricular and co-curricular support in a onestop shop. And because it will be located directly above the Registrar's

Office, it will ensure that academic counselling and other kinds of support will all be found in one area of the College."

Student leaders also play a key role in creating a supportive community that encourages physical and mental well-being, fosters resiliency, and decreases stigma," says Scott. For example, this past January, Daphne Wang, along with Tisha Hasan and Lynn Ly, cofounded Peer2Peer at UC, which holds anonymous weekly drop-in talks led by trained peer facilitators on topics like stigma, homesickness, and post-grad angst.

"We were seeing a lot of need on campus for more relatable mental health services," says Wang, a fourth-year student doing a doublemajor in Peace, Conflict and Justice Studies, and Global Health. "A need for safe spaces, a chance to talk with like-minded students about their challenges.... Community ... is sometimes hard to find at U of T, where there are so many students."

While the institutional changes around mental health are vital, Daphne Wang is convinced that outlook would improve more rapidly if everyone took responsibility for a healthier university. "Whether as student or faculty, it's about becoming better listeners and better at recognizing students in distress."



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BY JENNIFER MCINTYRE

Gillian Einstein

GILLIAN EINSTEIN'S WORK ON THE AGING FEMALE BRAIN IS CHANGING THE WAY WE LOOK AT HUMAN HEALTH







niversity of Toronto researcher and University College faculty member Professor Gillian Einstein has been investigating why brain disorders like Alzheimer's disease, stroke, and

dementia occur more frequently in women than in men.

Her lab recently received a welcome financial boost: in December 2016, Einstein, a distant cousin of physicist Albert Einstein, was awarded the inaugural Wilfred and Joyce Posluns chair in Women's Brain Health and Aging, which comes with \$1 million over five years.

"The goal of the chair," explains Einstein, "is to advance our understanding of women's brain health and aging. My own focus is on how hormones, or a loss of hormones, might affect that." Her interest in the field began when she was an art history undergraduate at Harvard, with a seemingly casual question about how we see.

"I got interested in the brain because of my interest in vision. I really wanted to understand how people see things," she says. "I've always really loved art, but in terms of a profession, I wanted to do something more, to understand the mechanism [of vision] a little bit more."

Einstein enrolled in the thennew neurobiology program at the University of Pennsylvania, where she ultimately earned her PhD in neuroanatomy. From there, she went on to do research in vision and Alzheimer's disease at Duke University. The link between the two might not seem clear, but to Einstein, the connection was obvious.

"The occipital lobe, the part of the brain I was studying, [plays a part] in Alzheimer's disease. The occipital lobe [the brain's visual processing centre] itself is not affected, but



the other regions of the brain with which it communicates are affected. These other regions affect [a person's] interpretation of the visual scene."

She then began to question why Alzheimer's is more prevalent in women. Previously, it was assumed that this was mainly because age is the largest risk factor for the disease, and women tend to live longer than men.

But Einstein suspected other factors were at play, like the unique life stresses experienced by women (such as caregiving responsibilities, sexual violence, and economic inequalities) and the effects of hormones like estrogen that diminish as a woman ages.

Currently, she says, "my focus is on how hormones, or a loss of hormones, might affect [the brain]— through menopause, through having one's ovaries removed, through having ovarian failure for any reason. I'm studying memory and attention in women who carry the BRCA mutation, who've been advised to have their ovaries removed to protect them from the risk of breast and ovarian cancer."

"The results are very preliminary we're still recruiting for the study but we are finding changes." "I THINK PEOPLE IN SCIENCE WANT THEIR WORK TO BE BROADLY GENERALIZABLE. BUT [IN THE PAST], PEOPLE ONLY STUDIED MALES AND THEN GENERALIZED THOSE FINDINGS—I THINK THAT'S A PROBLEM"

There have been several landmark studies on how various stimuli change the male brain, but very few focusing specifically on women. The "cortical homunculus," a well-known representation of the human brain depicting where sensations from various body parts are processed, references the male body, not the female.

"There is no map of the female body and the brain," Einstein says. "We know that the map of male [brains] changes. There've been famous studies of violinists, cab drivers, and so forth, but we really haven't studied females.

"[In my early research] I was trying to understand what might happen to that map for women who had experienced female genital cutting. I started scouring the literature and found there wasn't anything for women on that map. I think it would be great to make that map. Qualitatively it may resemble the male map, but it may also be a map that changes—for example with the menstrual cycle, at different reproductive stages, with pregnancy, and so forth."

She refers to her imaginary female diagram as the "hermunculus."

"I'd love to be able to do it," she enthuses. "I would like to look for funding, but it's not something I've started yet." There are several important implications for her research on hormones and the brain.

"First, I'd like us to better understand the importance of hormones for healthy brain aging in women," says Einstein. "In the broader picture, I would like a smart biophysicist to design a method for visualizing the ovaries so they could be followed over time. It would be better if you could tell when the ovaries were beginning to have cancer so they could be removed then, rather than removing healthy tissue.

"The ovaries produce hormones that are important for the brain, but also for every body system. So, it would be best if people could keep them. Right now, however, for women with the BRCA mutation, [removal] is the best prophylaxis."

Einstein is adamant, however, that her research is not just "women's research."

"I think people in science want their work to be broadly generalizable. But [in the past], people only studied males and then generalized those findings—I think that's a problem."

She applauds the recent changes in several key research funding bodies, for example the Canadian Institutes of Health Research and the National Institutes of Health in the US, both of which now require scientists to justify their work if they are studying only males or only females.

"It's becoming much more important in the field of dementia research to think about this as well: Who are the people who get Alzheimer's disease? The greater proportion are women, so why aren't we trying to understand how it's the same or different in men and women?

"And why aren't we thinking about women when we design clinical Magnetic Resonance Imaging (MRI) scan in the axial view i.e. looking down from above the brain. L indicates the left side of the brain and R the right. Grey matter is in lighter shades at the peripheries of the brain and white matter is in darker shades towards the centre of the brain. Image credit Einstein Lab.

trials for drugs?" she continues. "We need to think about dosing, and about developing drugs that might be effective in women and not so effective in men and vice versa. Drugs have been taken off the market because they were extremely effective in men but not in women. Why don't we leave them on the market for men?

"Even in Alzheimer's disease, a lot of the drugs are tried on women because most of the people are women—and again it's then assumed they're going to work for men. So, we're back to the larger issue of this being important for *human* health."

Her lab has also examined cognitive issues in LGBTQ communities as part of the larger issues surrounding sex, gender, and brain health.

"We also need to think more broadly about, for example, trans health, about the long-term effects of taking hormones. That's one of reasons why we did the trans cognition project [Transgender Cognition and the Origins of Gender Dysphoria]," which studied the impact of cross-sex hormones on thinking, memory, and attention. This latter aspect of her research was greatly enhanced, she stresses, by the diverse and inclusive atmosphere of University College.

"I really value the UC community, the openness to ideas and the transdisciplinary nature of what goes on there," says Einstein warmly. "I've found it a very welcoming place."

She is eager to get more researchers to consider sex and gender differences when they're designing their studies, and to include women in their research. These seemingly simple steps will not only fill a yawning gap in the existing research, but enhance the relevance of research findings overall.

"I think there are a lot of similarities between people who are XX and people who are XY," she says.

"But where there's difference, we need to acknowledge it."



UNIVERSITY COLLEGE ALUMNI OF INFLUENCE

The University College Alumni of Influence awards were introduced in 2012 in order to recognize the accomplishments of UC graduates and share them with today's students and fellow alumni.

In 2017, we celebrate the following distinguished University College alumni. Please join us for an awards gala in their honour at The Carlu in Toronto on November 16, 2017 (see page 2 for details).

Your help is required to identify candidates for future editions of the awards. For more information or to submit a nomination, please visit **uc.utoronto.ca/aoi**.

Alumni of Influence Selection Criteria

A committee of UC alumni and faculty selects the Alumni of Influence on the basis of nominations submitted by members of the UC community. The committee considers the nominees' contributions to their professional field at the international, national, or local level, as well as their volunteerism and philanthropy. Philanthropy to the University of Toronto specifically is not a factor. Members of the selection committee, sitting politicians, and the current U of T President, Vice-Presidents (UTM and UTSC), and Chancellor are excluded from consideration.



Diana Bennett (BA 1965 UC)

Diana Bennett is an artist, former teacher, and arts administrator who has worked tirelessly to establish the role of the arts in Ontario throughout her long and distinguished career. A former senior executive with TVOntario, she has sat on a number of corporate and volunteer boards including the University of Toronto Art Centre (now the Art Museum), the Toronto Arts Foundation, Canada Publishing, the Toronto Stock Exchange, and the Granite Club. A member of the Ontario Society of Artists, she works in mixed media and sculpture and is represented by Walnut Contemporary gallery in Toronto.



Dr. Gerald Caplan (BA 1960 UC)

Gerald Caplan has had a distinguished and varied career in politics and international development. A former associate professor in the department of history and philosophy of education at the Ontario Institute for Studies in Education at U of T, he served as director of development agency Cuso's Canadian volunteer program in Nigeria, before leading the advocacy office for the City of Toronto's public health department. Then he became national director of the New Democratic Party of Canada. He is the author of *The Dilemma of* Canadian Socialism, The Betrayal of Africa, and Rwanda: The Preventable Genocide. He speaks widely about African development issues and genocide and his writing has appeared in The Walrus, The Toronto Star, and The Globe and Mail.



Anne Carter (1971 UC)

Anne Laurel Carter was born in Toronto in 1953 and left at seventeen to work on kibbutzim in Israel, a Jean Vanier home in France, and California. She earned a master's of education specializing in second language acquisition and taught ESL in Toronto and in isolated Cree villages of northern Québec, as well as French immersion in southern Ontario. She currently resides in Toronto and Nova Scotia, writing, teaching, and mentoring other writers. Her writing includes The Shepherd's Granddaughter and Under a Prairie Sky and has twice earned the CLA Best Book of the Year Award for Children, a prestigious Jane Addam's Honor Award for Peace, the Mr. Christie's Best Picture Book Award, and numerous nominations for children's reading programs across the country.



Carl Cole (BCom 1936 UC)

The late Carl Cole was a businessman, publisher, philanthropist, and founder of Coles Bookstore. He grew up in poverty on a farm outside Barrie, Ontario, and spent time in an orphanage in Detroit, Michigan, before coming to Toronto as a teenager and graduating from UC with a commerce degree in 1936. In the thick of the Great Depression, he operated a bookselling pushcart around the U of T campus to help pay tuition. He opened the first store under the "Coles" name in 1940 with his brother Jack, and by the late 1970s, they operated the largest book retail chain in the country. He also launched the Coles Notes series of study guides. The company eventually came to be owned by Indigo Books & Music, and he thereafter focused on philanthropy, supporting the United Jewish Appeal and the Mount Sinai Hospital Foundation, among other organizations.



Laura Dickson (BSc 1995 UC)

Laura Dickson has 20 years of experience in health, public, and non-profit administration. Prior to joining Habitat for Humanity Southern Alberta as Director, Families and Volunteers in 2017. Laura was the executive director of Women In Need Society (WINS), a Calgary-based social enterprise that operates four thrift stores supporting programs and services to advance the lives of vulnerable women and families. From 2009 to 2011, Laura served as chief operating officer of the Calgary Homeless Foundation and was part of the team that launched Alberta's first Ten Year Plan to End Homelessness. Recognized as one of Business in Calgary's Leaders in 2016, Laura holds an MBA from Royal Roads University in Victoria, BC.



Prof. Stephen Elliott Fienberg (BSc 1964 UC)

Internationally acclaimed statistician the late Stephen Fienberg was formerly University Professor of Statistics and Social Science at Carnegie Mellon University. He was best known for developing statistical applications to influence science and public policy in many areas, including aspects of human rights, privacy and confidentiality, forensics, survey and census taking. The co-author of seven books and the editor of 19 collections, he also published more than 500 papers. He was the recipient of numerous statistical science awards and recognitions, and was active in the Pittsburgh community, serving in various roles for the boards of the Hillel Foundation-Jewish University Center of Pittsburgh, Pittsburgh Jewish Chronicle, Jewish Federation of Greater Pittsburgh, and Jewish Healthcare Foundation.



Donald Guloien (BCom 1980 UC)

Donald Guloien is the Chief Executive Officer of Manulife. He has been named International Business Executive of the Year by the Canadian Chamber of Commerce, awarded The Queen Elizabeth II Diamond Jubilee medal, and received the Arbor Award for his contributions to the University of Toronto in various leadership capacities. He was ranked among the Highest Rated CEOs in Canada in Glassdoor.com's 2015 and 2016 Employees' Choice Awards, based on assessments by current and past employees. He is director of the Geneva Association, vice chairman of the mayor of Shanghai's International Business Leaders' Advisory Council, a member of the Board of the Business Council of Canada, a trustee of the Hospital for Sick Children, and a member of the Campaign Cabinet for United Way, among other roles in the community and business.



Naomi Klein (1989 UC)

Naomi Klein is an award-winning journalist and author of the international bestsellers No is Not Enough: Resisting Trump's Shock Politics and Winning the World We Need; This Changes Everything: Capitalism vs The *Climate; The Shock Doctrine:* The Rise of Disaster Capitalism; and No Logo. She is one of the organizers and authors of Canada's Leap Manifesto, a blueprint for a rapid and justicebased transition off fossil fuels, which has been endorsed by more than 200 organizations. In 2016 she was awarded Australia's prestigious Sydney Peace Prize, for "reminding us of the power of authentic democracy to achieve transformative change and justice." She holds multiple honorary doctorates and frequently appears on global lists of top influential thinkers. She is married to fellow UC Alumni of Influence Award recipient Avi Lewis (BA 1988 UC).



Prof. Gregory Levey (BA 2001 UC)

Gregory Levey is an Associate Professor in the School of Professional Communication and the School of Graduate Studies at Ryerson University. His research interests are interdisciplinary, and include the intersections of communications, media, politics, business, and writing. He is the author of Shut Up, I'm Talking: And Other Diplomacy Lessons I Learned in the Israeli Government and How to Make Peace in the Middle East in Six Months or Less Without Leaving Your Apartment. He has either written for, been featured in, or worked with The New York Times, The Globe and Mail, Time, Maclean's, Salon, BBC, CNN, CBC, and many others. In 2013 he co-founded the startup Figure 1 Inc., a mobile app described as an Instagram for doctors, which allows healthcare professionals around the world to collaborate. This year, the company earned the Social Impact Award from TechVibes' Canadian Startup Awards.



Chiling Lin (BA 1997 UC)

Chiling Lin is a famous Taiwanese model and actress. She spent her high school years in Toronto, then studied economics and art history at UC. After graduation, she returned to Taiwan and began her modeling career. In 2004, she starred in a series of advertisements, skyrocketing to national fame. Her celebrity initiated a Taiwanese craze for supermodels that commentators dubbed "the Chiling Lin phenomenon." One of the most famous faces in Asia, she has been an official spokesperson for both China Airlines and Longines, and has starred in films and TV series in Hong Kong, China, and Japan. Fluent in Cantonese, Japanese, and English, she has served as Taiwan's goodwill ambassador to Japan. The recipient of numerous awards for modeling and acting, in 2011 she established the Chiling Charity Foundation in support of child welfare.



John Kenneth Macalister (BA 1937 UC)

John Kenneth Macalister was born in Guelph, Ontario and studied law at University College, where he won the prestigious Rhodes scholarship, which took him to Oxford University in England. He joined the British Army after WWII broke out and was recruited into its intelligence corps in 1942. His first and only mission took him to France in 1943, where he was captured, imprisoned, and tortured by German operatives. Refusing to divulge information the Nazis wanted, he was hanged at Buchenwald concentration camp in 1944. His great promise and courage is commemorated in a park named in his honour in Guelph, a garden at Soldier's Tower at U of T, and the John Kenneth Macalister Scholarship at his former high school.



Prof. Michael Marrus (BA 1963 UC)

Renowned historian Michael Marrus is an expert on the Holocaust, modern European and Jewish history, and international humanitarian law. The Chancellor Rose and Ray Wolfe Professor Emeritus of Holocaust Studies at the University of Toronto, he is the author of eight books on the Holocaust and related subjects. He is a fellow at Massey College and the Royal Society of Canada, and has been a visiting fellow at St. Anthony's College, Oxford, and the Institute for Advanced Studies, Hebrew University of Jerusalem. A member of the Order of Canada, he has also taught as a visiting professor at the University of California Los Angeles and the University of Cape Town, and served on U of T's Governing Council for 19 years.



Prof. Roland Paris (BA 1989 UC)

Roland Paris is an expert in international security and peacebuilding. He holds the University Research Chair in International Security and Governance at the University of Ottawa, where he is Associate Professor in the Graduate School of Public and International Affairs. He has held advisory roles with the Privy Council, the Department of Foreign Affairs, the Federal-Provincial Relations Office, and the Prime Minister of Canada. A former director of research at the Conference Board of Canada, he is a regular commentator on international affairs, and the recipient of the prestigious Grawemeyer Award for Ideas Improving the World Order, among other honours.



Prof. Olga (Zorzi) Pugliese (BA 1963 UC)

Olga (Zorzi) Pugliese is Professor Emeritus in the Department of Italian Studies at the University of Toronto. She is a scholar of Italian and a world authority on the Italian Renaissance, particularly Baldassarre Castiglione, one of its major authors. A former president of the Canadian Society for Italian Studies, she was honoured with the Lifetime Achievement Award of the Canadian Society for Renaissance Studies in 2008. She has authored and edited many publications on Renaissance topics and the Italian community in Canada, most notably on mosaic artwork by Italian craftsmen in Canada, and on the Italian Canadian artist Albert Chiarandini.



Dr. Constance L. Sugiyama (BA 1974 UC)

Before retiring in 2012 after a 35-year career on Bay Street, Constance Sugiyama was one of the most highly regarded corporate lawyers in Canada. She was a Distinguished Visiting Scholar at Ryerson University and currently serves as a corporate director and as an advisor to government and others. She was the chair of the Hospital for Sick Children and has held board positions with, among others, the Ontario Financing Authority, Canada Health Infoway, the Toronto International Film Festival, and the Japanese Canadian Cultural Centre. She was named to the Order of Canada in 2014 in recognition of her achievements as a lawyer and for her extensive civic engagement, and in 2015, received an honorary doctorate from Western University.



Cindy Yelle (BA 1990 UC)

As President and CEO of the Toronto Rehab Foundation, University Health Network, Cindy Yelle is one of Canada's leading professionals in health-based philanthropy. She previously served as senior vice-president, SickKids Foundation, and as the executive director of advancement, Faculty of Engineering, University of Toronto. In the community, she has served on the board of the Toronto Zoo since 2009. An outstanding athlete, she was a member of the 1984 Canadian Olympic swim team, captain of Canada's 1986 Commonwealth and world championship teams, and a NCAA champion and record holder.





YOUNG ALUMNUS of INFLUENCE

University College introduced the Young Alumni of Influence Award in order to recognize the achievements of graduates who are in the early phases of their careers. The prize honours UC alumni under the age of 35 who have demonstrated exceptional leadership in their fields and communities.

Prof. Michael Goldberg (BSc 2003 UC)

Michael Goldberg is Assistant Professor, Microbiology and Immunobiology, Harvard Medical School, and Assistant Professor, Cancer Immunology and Virology, Dana-Farber Cancer Institute (DFCI), both at Harvard University. He studied biochemistry at UC, where he won the UC Merit Award and the Gordon Cressy Student Leadership Award, then completed a master's at the University of Cambridge. He earned his PhD in biochemistry and did postdoctoral work at the Massachusetts Institute of Technology. His research is in cancer immunotherapy and his laboratory strives to create innovative platforms for drug development and delivery, to contribute to the betterment of human health in the realm of cancer. He is the co-founder of Camp Casco, a free summer camp in Boston for pediatric oncology patients and survivors, where he is also a counsellor. He also volunteers with Jewish Big Brothers Big Sisters, and serves on the committees for women faculty and leadership at DFCI.

NEWS FROM CLASSMATES NEAR AND FAR

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CLAUDE ACCUM (BSc 1983 UC) was appointed President of Sun Life Financial Asia, an insurance and financial services company.

Lawyer GRACE ALCAIDE JANICAS

(BA 1992 UC) received the 2017 J. Shirley Denison Award from the Law Society of Upper Canada, for her contributions to access to justice. She has served the Northern Ontario community for more than 20 years and is currently the director of legal services at the Algoma Community Legal Clinic in Sault Ste. Marie.

Professor **BRENDA ANDREWS** (BSc 1980 UC), Director of the Donnelly Centre for Cellular and Biomolecular Research and Charles H. Best Chair of Medical Research at U of T, has been appointed to the rank of University Professor, the University's highest academic rank. Andrews is a pioneer in the field of systems biology.

My First Doll, a mixed media exhibition featuring works by artist **DIANA BENNETT** (BA 1965 UC), showed at Walnut Contemporary gallery in Toronto this past summer.

JANET CRAIG (BA 1995 UC) was named a director of the Canadian Investor Relations Institute, Canada's national association representing investor relations professionals.

VINCENT GALIFI (BCom 1982 UC) was appointed to the board of CCL Industries, the largest label company in the world, headquartered in Toronto.



1 Rosalie Silberman Abella 2 Claude Accum 3 Diana Bennett (L) with UC Principal Donald Ainslie 4 Francess Halpenny Image credit Yvonne Palkowski 5 Perry Ing 6 No Free Man by Bohdan Kordan Image credit McGill Queen's University Press 7 Seulgi Rosa Kim





Professor **FRANCESS HALPENNY** (BA 1940 UC), former dean of the Faculty of Library Science at U of T (now the Faculty of Information) and editor of the *Dictionary of Canadian Biography* from 1969 to 1988, has published her memoirs, A World of Words: Francess Halpenny's Autobiography.

PERRY ING (BCom 1997 UC) was appointed Chief Financial Officer of Mountain Province Diamonds Inc, a diamond mining company headquartered in Toronto.

At UC Convocation last June, newly minted alumna **SEULGI ROSA KIM** (BA 2017 UC) shared her thoughts on graduating and this photo (above right) on Instagram, which won her an iPad mini in a contest run by UC Alumni Relations that encouraged grads to share moments from their special day.

No Free Man: Canada, the Great War, and the Enemy Alien Experience (McGill-Queen's University Press, 2016) a book by Professor **BOHDAN KORDAN** (BA 1997 UC) received the Jennifer Walsh Award in Scholarly Writing at the 2017 Saskatchewan Book Awards. Kordan is Professor of International Relations in the Department of Political Studies at the University of Saskatchewan.

Recent University College graduates **KAITLYN LIU** (BSc 2017 UC) and **EVELYN MOORHOUSE** (BSc 2017 UC) were recognized with a Silver T at the U of T President's Reception last spring. The prestigious award is given to graduating student-athletes who excelled athletically over the course of their U of T careers. Liu, a figure skater, studied human biology and is pursuing a master's degree at Queen's University's School of Kinesiology and Health Studies. Moorhouse, a squash player, studied geology and is pursuing a master's degree in earth science at U of T.

Dr. **BONNIE MADONIK** (BSc 1980 UC), an Assistant Professor in the Department of Psychiatry at U of T and Medical Director of the Addiction Program at North York General Hospital, was appointed National Addiction Medicine Advisor to the Canadian Armed Forces.

NEWS FROM CLASSMATES NEAR AND FAR



MARY ANNE PALANGIO (BA 1987 UC) was appointed Chief Financial Officer of LOGiQ Asset Management Inc, an investment advisory business headquartered in Toronto.

SHOSHANA POLLACK (BA 1989 UC), a Professor in the Lyle S. Hallman Faculty of Social Work at Wilfrid Laurier University, was honoured with that institution's Teaching Excellence – Innovation in Teaching Award.

Dr. **KOWTHAR SALIM** (BSc 1997 UC) was named Vice-President of Critical Outcome Technologies Inc, a biopharmaceutical company.

Professor **DAVID SCHNEIDER** (BSc 1986 UC) has been appointed Chair of Stanford University School of Medicine's Department of Microbiology and Immunology. Musician **PAUL SHAFFER** (BA 1971 UC), former band leader on *The Late Show with David Letterman*, released a self-titled album with the World's Most Dangerous Band.

Lawyer LINDA SILVER DRANOFF (BA 1961 UC) has published her memoirs, *Fairly Equal: Lawyering the Feminist Revolution* (Second Story Press, 2017). She joined fellow UC authors SHARON MARCUS (BA 1955 UC) and CHARLOTTE FIELDEN (BA 1955 UC) for a reading from their respective works in celebration of Canada's 150th birthday at Wychwood Public Library in Toronto this past May. It was a family affair at Spring Convocation as members of the Tieman and Coutts families gathered to celebrate the graduation of fifthgeneration UCer **TESSA TIEMAN** (BSc 2017 UC). Tessa is the daughter of **TRACY TIEMAN** (BA 1984 UC), granddaughter of **JANET TIEMAN** (née Coutts) (Degree 1957 UC), great granddaughter of **J. MCDERMOTT COUTTS** (BA 1921 UC), and greatgreat granddaughter of **JOHN COUTTS** (BA 1884 UC).

Lawyer **GARY YEE** (BA 1983 UC) received a 2017 Law Society Medal from the Law Society of Upper Canada, for his activism and advocacy for Chinese and other racialized communities, as well as for his leadership in administrative justice and the tribunal sector.

ALUMNI ASSOCIATION EXECUTIVE COMMITTEE

The University College Alumni Association (UCAA) promotes alumni participation in the life of UC. We invite alumni like you to play a leadership role in the Association by joining the newly restructured UCAA Executive Committee.

PURPOSE

The UCAA fosters community among alumni, between alumni and students, and between alumni and the College. The Association brings forward opinions and recommendations of alumni to the College's faculty and administration, and contributes to advancing the College's mission.

MEMBERSHIP

All UC alumni are members of the UCAA and are represented by a UCAA Executive Committee comprised of six UC alumni and one current student.

Committee members will serve a two-year term renewable twice, for a total of up to six years.

The Committee chair may serve two consecutive three-year terms.

ROLES AND RESPONSIBILITIES

UCAA Executive Committee members can expect to commit 4 to 10 hours per year. There are a variety of opportunities:

- Be a UC ambassador at UC and U of T events
- Advise on alumni relations programming and joint programming for alumni and students
- Become a student mentor
- Recruit alumni to sit on the UCAA Executive
 Committee
- Join the Alumni of Influence Selection
 Committee
- Join the Young Alumni of Influence Selection Committee
- Bring greetings at UC events
- Assist the UC Book Sale or help recruit alumni volunteers

The University College Alumni Association is committed to encouraging alumni participation in the life of UC.

HELP US HELP UC!

To learn about applying for a position on the UCAA Executive Committee contact Mike Henry, Alumni Relations Officer, at **mike.henry@utoronto.ca** or **(416) 978-2968**. We are interested in knowing about your involvement at UC as student and now as an alum. Applications must be supported by two signatures from fellow UC graduates.

The application deadline for the 2018-2019 academic year is **January 15, 2018**. The UCAA Executive and UC Principal will meet in February 2018 to select alumni to fill vacant positions. Committee member terms will officially begin in September 2018.

CAMPUS NEWS

NOTA BENE



Disillusioned: Victorian Photography and the Discerning Subject, a book by University College faculty member and Associate Professor in the Department of Art **JORDAN BEAR**, won the prestigious 2016 Historians of British Art Book Award for a post-1800 subject.

More than 200 guests including students, faculty, members and friends of the LGBTQ community gathered in Hart House's Great Hall for the 2017 **BONHAM CENTRE AWARDS GALA** on April 26. Indigenous LGBTQ leaders **LEE MARACLE, KENT MONKMAN, CANDY PALMATER**, and **TEDDY SYRETTE** were honoured for their contributions to the advancement of human rights issues surrounding sexuality. Maracle is an elder and prolific author, Monkman is one of Canada's leading artists, Palmater is an entertainer and speaker on Indigenous issues, and Syrette is a two-spirit activist and facilitator. Special guests included Ontario Lieutenant-Governor, the Honourable ELIZABETH **DOWDESWELL**, the Ontario Minister of Indigenous Relations and Reconciliation, the Honourable **DAVID** ZIMMER, and the Chancellor of the University of Toronto, the Honourable **MICHAEL WILSON.**

University College welcomed 584 new graduates to its alumni family at University College Convocation on June 20, 2017. Distinguished photographer **EDWARD BURTYNSKY** received an honorary degree and gave the Convocation address.

University of Toronto President and University College faculty member **MERIC GERTLER** has been reappointed for a second term. He will lead the University through June 30, 2023.



1 Disillusioned by Jordan Bear Image credit Penn State University Press 2 L-R: 2017 Bonham Centre Award winners Kent Monkman, Lee Maracle, Candy Palmater, and Teddy Syrette Image credit Stephanie Coffey 3 UC Convocation 2017 Image credit Stephanie Coffey 4 Christina Kramer 5 Lisa Mar Image credit Christopher Dew 6 Meric Gertler Image credit Matthew Plexman

Professor **CHRISTINA KRAMER** of the Department of Slavic Languages and Literatures has been appointed Acting Vice-Principal of University College through June 30, 2018, while Vice-Principal JOHN MARSHALL is on sabbatical. She is a specialist in Balkan and South Slavic languages. She served as chair of the Department of Slavic Languages and Literatures from 2003 to 2011 and as acting chair in 2012. She was elected to Governing Council in 2009-11, and has participated in a wide range of Faculty of Arts and Science administrative and governance roles.

LISA MAR, Richard Charles Lee Chair in Chinese Canadian Studies at University College, was recognized as one of 15 distinguished Chinese Canadian women at Celebration 15: Voices of Chinese Canadian Women in Ontario. She also received the Leadership in Asian Canadian Studies award from the Congress of Social Science and Humanities, on the University of Toronto's behalf. Students enrolled in the University College course *CDN 355: Digital Tools in a Canadian Context*, led by Dr. **SIOBHAN O'FLYNN**, spent a semester researching and gathering archival documents for Kensington Market: Hidden Histories, an augmented reality app that guides users through Toronto's iconic Kensington Market. The app is complemented by an interactive online map at **uoft.me/CDN355map**.

NOTA BENE









Students enrolled in University College's signature academic programs gathered last March for **RESEARCH AND PRACTICE DAY**, an annual event showcasing their year-end projects on topics as varied as food addiction, sex education, and robotics, just to name a few. The event is part of UC's commitment to reinventing undergraduate education, one of the three priorities for the University identified by President Meric Gertler.

CECILLE SIOULIS and **MAUREEN**

SMITH were honoured with the Principal's Distinguished Staff Award for their exceptional service to University College. Cecille is the UC Academic Programs Coordinator, while Maureen is Business and Programs Coordinator at the Art Museum's University of Toronto Art Centre location at UC.

Professor **WALID SALEH**, founding director of the Institute of Islamic Studies at the University of Toronto and a UC faculty member, received the Konrad Adenauer Research Award from the Alexander von Humboldt Foundation. The award honours researchers in Canada whose discoveries and insights have had a significant impact on their own discipline and beyond, and whose personality and research contribute to the academic and cultural exchange between the Federal Republic of Germany and Canada.

1837: The Farmers' Revolt, a 1973 play co-written by journalist and UC Canadian Studies instructor **RICK SALUTIN** and Theatre Passe Muraille, showed this past summer at the Shaw Festival in Niagara-on-the-Lake.

A play entitled *for colored girls who have considered suicide/when the rainbow is enuf*, directed by University College faculty member **DJANET SEARS**, showed at Toronto's Soulpepper Theatre this past summer to rave reviews.




Congratulations to the students who have been elected to the UNIVERSITY **COLLEGE LITERARY AND ATHLETIC SOCIETY 2017-18**. They are pictured above right, from left to right, back to front: Albert Hoang, President; Ryan Gomes, Speaker; Michelle Beyn, Upper Year Rep; Paul Schweitzer, Mid Year Rep; Aidan Swirsky, UTSU Rep; Anushka Kurian, UTSU Rep; Danielle Stella, University and Academic Affairs Commissioner; Aster Gerard, Mid Year Rep; Mahzeb Ashraf, Upper Year Rep; Dan Proctor, Spirit and Communications Commissioner; Kshemani Constantinescu, UTSU Rep; Sameer Rai, Upper Year Rep; Michelle Zhong, Sustainability Commissioner; Raye Negatu, Finance Commissioner;

Tua Hytonen, Social Commissioner; Kaitlyn Ferreira, Literary and Creative Arts Commissioner. Not pictured: Martha Beach Bartel, Services Commissioner; Sarita Bhukal, Mid Year Rep; Miranda Desbiens, Mid Year Rep; Mira El Hussein, Equity and Outreach Commissioner; Victoria Kourtis, Vice-President; Priya Gupta, Mid Year Rep; Olivia Jordan, Mid Year Rep; Sara Mandia, Off-Campus Commissioner; Benjamin Wang, Athletics Commissioner.

Professor SARAH WAKEFIELD

has been reappointed Director of the Health Studies program for a three-year term through June 30, 2020. She is an Associate Professor in the Department of Geography and Planning. Her research interests include food security in Canada, community development and neighbourhood change, and environmental justice. Her first term has been marked by innovative curriculum reform, including the development of a practicum for fourth-year students; closer collaboration with the Dalla Lana School of Public Health; and a vital partnership with the Health Studies Student Union.





e's widely considered one of the most innovative, respected, and fearless figures in Canadian theatrical circles, but make no mistake about it—**DANIEL BROOKS** (BA 1981 UC) doesn't care what you think.

Pensive and measured, Brooks chooses his words in much the same way he has chosen what to work on over the past three-plus decades in Toronto's theatre scene. He claims to have never taken on a project simply for the exposure or paycheque it may garner, and the only critic he's worried about appeasing is himself.

"As an artist you can't get caught up in those things," he says. "I have been very selective, and for the most part have directed plays that weren't really plays to me. They spoke to me in a way that got under my skin somehow."



Brooks and I spoke over the phone a few weeks before he settled into his residency as University College's Barker Fairley Distinguished Visitor in Canadian Studies. Considering he will spend much of his time at UC meeting with students—critiquing work and mapping creative passions—I ask what advice he would give to students looking to establish a career in theatre.

It quickly becomes clear, however, that Brooks doesn't subscribe to having career-oriented motivations when entering the arts.

"The question I would ask young people is 'Why are you thinking about a career right now?' Careers will come, but if you're focused on that you're not focused on building your capacity as an artist," he says. "Not to say they're mutually exclusive, and the career will definitely come in time.... [But] it's dangerous to get too distracted by the practicalities of career." When looking back on Brooks' professional credits, perhaps this answer should come as little surprise. Many of the productions for which he is most well-known including the *Noam Chomsky Lectures, Here Lies Henry* and *Insomnia*—were original works that he co-created and often self or co-produced. He has often rejected the advances of big theatre companies to focus instead on collaborating with luminaries such as Daniel MacIvor and Guillermo Verdecchia on independent ventures.

He is, essentially, picky, and points out there are many others who have directed "infinitely more" plays than he has. Brooks speaks of theatre in an almost existential way, and admits the few plays by others he has agreed to direct have been his least fulfilling endeavours.

"There is something about creating something, as opposed to directing the work of another writer, that is the most rewarding," he says. "Somehow manifesting something coherent and impactful out of your own sweat and blood, that is the most satisfying."

It would be easy to picture Brooks as a precocious youngster who grew up on Shakespeare and starred in high school drama productions. Nothing, however, could be further from the truth.

"Theatre was not something that was part of my childhood, at least not fitfully," he said. "I was an athlete, a hockey player, and I was very interested in biology and math."

In fact, Brooks originally enrolled in sciences at the U of T with an eye on medical school. But after finishing one year of studies he took some time off to travel, write, and essentially "figure out how to live and what I wanted to do as a human being in the world."

After returning home, one of Brooks' friends introduced him to Professor Stephen Martineau, who was head of UC's drama program. He enrolled shortly thereafter. "I don't want to call him a hippie, because he was a serious guy. But he wore drawstring pants, had a long beard, long hair, and meetings with him most often involved sitting on the floor," recalled Brooks. "He taught me tai chi and introduced me to works by people like [Jerzy] Grotowski and Peter Brook."

Although theatre was never something Brooks had previously considered pursuing, he experienced a unique sense of belonging shortly after meeting Martineau and enrolling in the UC program. Looking back he sees the program filled a void for him not only academically, but personally as well.

"I think that's the case with a lot of people who fall into the theatre; it's kind of a surrogate family," said Brooks. "It's an extremely intimate pursuit, and I think there is a certain need that life in theatre fills for some people. That was certainly an unconscious attraction for me when I was a young man."

After graduating from UC, Brooks enrolled at the Circle in the Square Theatre School in New York, then travelled overseas to study clown in Paris and, later, puppetry in Brazil. Throughout these years he would come up with "little shows and inventions" to support himself financially.

Although he acted in various productions—both in Toronto and abroad—he was finding the life of an actor increasingly unappealing

"THE ABILITY TO ESTABLISH A RESPECTFUL AND ENGAGED RELATIONSHIP BETWEEN A YOUNG, ASPIRING HUMAN WHO'S BEGINNING TO OPEN THEMSELVES TO THE WORLD, AND AN EXPERIENCED ARTIST, IS REALLY THE CORE OF EVERYTHING"

and instead found himself drawn to producing and directing. In the late 1980s he started The Augusta Company with University College drama program alumnus Don McKellar and Tracy Wright, and the trio created a series of shows over the following decade.

By 2001, Brooks' many works were so well respected that he was chosen as the inaugural recipient of the highly prestigious Siminovitch Prize in Theatre. While he's never been one to chase paycheques or awards, Brooks concedes that winning this \$100,000 prize was gratifying in more ways than one.

"It almost felt like back pay, and it lifted a bit of weight off my shoulders. I stopped worrying about money for a few years," he said.

Because the Siminovitch Prize recognizes a body of work, he said receiving it was particularly rewarding when compared to some others he has received—such as the Chalmers, Edinburgh Fringe First Award, and Dora Mavor Moore Award—that are bestowed based on one's work in a single production.

When asked what he's most looking forward to during his UC residency, says he's excited to once again immerse himself in an environment of academic rigour and ponder some more existential questions related to the art of theatre. While he contemplated many of these same questions early in his theatrical life, Brooks says the scope of such queries have expanded significantly today.

"There are so many young people doing so many different things," he says. As examples he points to Rebecca Northan, whose improv shows feature an actress picking someone, at random, from the audience for an unscripted blind date. Or Real Wheels in Vancouver, whose performances often centre around persons with disabilities.

"When I was a student, Canadian theatre culture was not very sophisticated. We weren't working with the aesthetics of theatre and there wasn't a lot of experimentation. Today there are an increasing number of directors who have, at the very least, a kind of technical skill that didn't really exist in the theatre world 20 years ago."

And while he won't be teaching anyone tai chi or requiring students who visit him to sit on the floor for meetings, Brooks does hope he can impart some of the same inspiration that he received from Professor Martineau at UC nearly four decades ago.

"For me, the ability to establish a respectful and engaged relationship between a young, aspiring human who's beginning to open themselves to the world, and an experienced artist, is really the core of everything."

OBITUARY



University College alumnus **Michael Bliss (BA 1962 UC)** passed away on May 17, 2017 at the age of 76. A University Professor Emeritus in the Department of History, he was one of Canada's leading public intellectuals and a frequent commentator on national affairs. The author of 14 books on business, politics, and medicine, he was an Officer of the Order of Canada, a Fellow of the Royal Society of Canada, a UC Alumni of Influence award winner, and a member of the Canadian Medical Hall of Fame.

Michael Bliss

OBITUARY



Business leader, publisher, and University College alumnus Dr. **Avie Bennett** (**1948 UC**) passed away on June 2, 2017 at the age of 89. He was perhaps best known for pioneering the retail plaza concept in Canada, and for his support of the arts and culture, especially books. A lifelong supporter of the University of Toronto, the Avie Bennett Chair in Canadian Literature bears his name. He was a member of the Order of Canada and the Order of Ontario, a UC Alumni of Influence award winner, and held three honorary doctorates.

Avie Bennett

UNIVERSITY COLLEGE

IN MEMORIAM

Notices of death published in this issue were received between January 1 and June 30, 2017. Date of death, last known residence, and maiden name (if applicable) are noted where possible. Friends and family of the deceased can help by sending information to **address.update@utoronto.ca.**

1**930**s

Mrs. Fanny (Goldhar) Kronis (BA 1935 UC) of North York, ON; Jan. 16, 2017 Mrs. Doris E. (Huston) Love (BA 1936 UC) of Toronto, ON; Mar. 31, 2017

1940s

Mrs. Barbara "Babs" A. (Patchet) Barber (BA 1945 UC) of Victoria, BC; May 25, 2017 Mr. Wilfred P. Bauman (BA 1946 UC) of North York, ON; Jan. 3, 2017 Dr. Avie J. Bennett (1948 UC) of Toronto, ON; Jun. 2, 2017 Mrs. Marie E. (Douglas) Caldwell (BA 1941 UC) of Weston, ON; Mar. 31, 2017 Mrs. Mary S. (Ritchie) Campbell (BA 1949 UC) of Toronto, ON; Apr. 9, 2017 Mrs. Jean C. (Oldreive) Carrie (BA 1942 UC) of Etobicoke, ON; Feb. 18, 2017 Mrs. Frances L. (Craig) Crandall (BA 1949 UC) of Kingston, ON; Jan. 3, 2017 Mr. William D. Davidson (BA 1948 UC) of Ottawa, ON; Feb. 22, 2017 Mr. Raymond A. G. Farrell (BA 1948 UC) of Toronto, ON; Jun. 26, 2017 Miss Shirley (Reeves) Frances (BA 1948 UC) of Toronto, ON; Feb. 2, 2017 Mr. Norman J. Gillespie (BA 1941 UC) of Ennismore, ON; Jan. 21, 2017 Mr. Raymond Hughes (BA 1949 UC) of North York, ON; Apr. 21, 2017 Mr. Edmund L. Jardine (1949 UC) of Burlington, ON; Apr. 1, 2017 Mrs. Jean A. (Milligan) Keast (1947 UC) of Hamilton, ON; Apr. 22, 2017 Mr. Morris Kestin (BA 1949 UC) of Toronto, ON; Feb. 16, 2017 Mr. Henry Koury (BA 1948 UC) of Toronto, ON; Apr. 29, 2017 Mrs. Mary B. (MacDonald) Lawson (1948 UC) of Burlington, ON; May 27, 2017 Mrs. Jocelyn "Joey" M. (Hodge) Lee (BA 1946 UC) of Toronto, ON; May 11, 2017 Mr. Saul I. Littman (BA 1945 UC) of Tucson, AZ; Jan. 2, 2017

Mr. John M. Lowndes, Q.C. (BA 1949 UC) of Toronto, ON; Feb. 24, 2017 Mr. Donald A. MacIntyre (BA 1947 UC) of Toronto, ON; Jan. 21, 2017 Ms. Helen McLean (BA 1948 UC) of Toronto, ON; Feb. 12, 2017 Mrs. Mary H. (Thompson) Nash (BA 1949 UC) of Victoria, BC; Apr. 9, 2017 Mr. Jack W. Rendall (BA 1948 UC) of Don Mills, ON; Apr. 2, 2017 Mr. Marvin W. Ross (BA 1949 UC) of North York, ON; May 24, 2017 Mr. Peter D. Scott (BA 1948 UC) of Nanaimo, BC; Mar. 12, 2017 Mr. Ernest Smith (BA 1940 UC) of Peterborough, ON; Jan. 8, 2017 Mr. Sherman J. Taylor (BA 1947 UC) of Wasaga Beach, ON; Apr. 24, 2017 Mr. Jack Walmsley (BCom 1949 UC) of Napanee, ON; Jan. 10, 2017 Mrs. Georgina "Babs" W. (Young) Woods (BA 1947 UC) of Toronto, ON; Mar. 30, 2017

1950s

Mr. Robert A. Aiken (1950 UC) of Whitby, ON; Jan. 12, 2017 Mr. Douglas F. B. Archer (BCom 1950 UC) of Toronto, ON; Feb. 14, 2017 Mrs. C. Lee (Strahm) Arima (BA 1953 UC) of Toronto, ON; Apr. 14, 2017 Mr. Gunter Bardeleben (BA 1952 UC) of Willowdale, ON; Mar. 8, 2017 Mr. Emile V. Blouin (BA 1951 UC) of Kenora, ON; Jan. 16, 2017 Mrs. Sheila E. (McCullough) Browne (BA 1954 UC) of Toronto, ON; May 3, 2017 Ms. Audrey A. (Woods) Cruickshanks (BA 1959 UC) of Stoney Creek, ON; Apr. 20, 2017 Mr. Kenneth W. Davis (BA 1951 UC) of Orillia, ON; Mar. 6, 2017 Mr. David A. Diltz (BA 1952 UC) of Sundridge, ON; Apr. 21, 2017 Ms. Joan Eddis-Topolski (BA 1951 UC) of Ottawa, ON; Jan. 1, 2017 Mr. Sheldon Friedland (BCom 1953 UC) of Toronto, ON; Jun. 2, 2017

Mrs. Ortrude "Trudy" J. (Schnaufer) Gibbons (1954 UC) of Calgary, AB; May 19, 2017 Mr. Harold S. Hadley (1951 UC) of Toronto, ON; Jan. 25, 2017 The Rev. Thomas W. Harpur (BA 1951 UC) of Meaford, ON; Jan. 2, 2017 Mr. Ralph G. Hogue (BA 1950 UC) of Font Hill, ON; Feb. 5, 2017 Miss Margaret L. Hooey (BA 1958 UC) of Kingston, ON; Jan. 13, 2017 Mrs. Barbara A. (Hill) MacGowan (BA 1954 UC) of Toronto, ON; Jun. 2017 Mr. John Minoughan (BA 1950 UC) of Toronto, ON; Jan. 12, 2017 Mr. Kenneth J. M. Ogle (BCom 1959 UC) of Toronto, ON; Jun. 17, 2017 Mrs. Jane C. (Hamilton) Parkinson (BA 1950 UC) of Don Mills, ON; Feb. 15, 2017 Mrs. Elinore H. Persiko (BA 1953 UC) of Toronto, ON; Jun. 5, 2017 Mr. Walter C. Reimer (1959 UC) of Orillia, ON; May 31, 2017 Mrs. Ruth (Seligman) Slater (1950 UC) of Burlington, ON; Apr. 9, 2017 Mr. Elwood H. Taplin (BA 1952 UC) of Burlington, ON; Feb. 27, 2017

1960s

Mr. Harvey Barron (BA 1966 UC) of North York, ON; Feb. 23, 2017 Prof. J. M. Bliss (BA 1962 UC) of Toronto, ON; May 17, 2017 Dr. Helen S. (Goodman) Freedhoff (BA 1961 UC) of Toronto, ON; Jun. 10, 2017 Mr. J. D. C. Grimshaw (BSc 1963 UC) of Toronto, ON; Jan. 3, 2017 Mrs. Pamela C. G. (Purdy) Kernaghan (BA 1963 UC) of Toronto, ON; Jan. 13, 2017 Mr. Thomas G. M. McIntyre (1962 UC) of Etobicoke, ON; Mar. 1, 2017 Mrs. Elin A. Racine (BA 1964 UC) of Toronto, ON; Apr. 21, 2017 Mrs. Barbara J. (White) Siskind (BA 1963 UC) of Toronto, ON; Jan. 30, 2017 The Hon. Mr. Justice Norris Weisman (BCom 1960 UC) of Willowdale, ON; Jan. 22, 2017

1970s

Mr. David J. Barenberg (BA 1971 UC) of Stratford, ON; May 29, 2017
Mr. Kent A. Campbell (BSc 1979 UC) of Toronto, ON; Jun. 13, 2017
Mr. Kenneth G. Freeman (BA 1973 UC) of Toronto, ON; May 17, 2017
Mr. John R. Gray (BA 1972 UC) of Toronto, ON; Feb. 23, 2017
Dr. Daniel Vickers (BA 1975 UC) of La Jolla, CA; Feb. 8, 2017

1980s

Ms. Holly G. Kramer (BA 1988 UC) of Toronto, ON; Mar. 19, 2017 Mr. Steven Renzetti (BA 1982 UC) of St. Catharines, ON; Feb. 3, 2017

Erratum

In the Donations section of the Spring 2017 issue of *UC Magazine*, we neglected to include The Estate of Frank Felkai in our acknowledgment of estate gifts received in 2016. University College regrets the error.



WHAT TOOK MEIMEI TO A 17TH-CENTURY POLISH BURIAL SITE?

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Legacy giving makes it possible. Meimei Fong (BSc 2017 UC) absorbs everything she can in her biological anthropology class. But for an aspiring forensic scientist, being on the ground is essential. The Cloister Educational Foundation Award made Meimei's studies abroad possible. Established by the estate of alumna Marjorie Moore, the award helped Meimei travel to Poland, where she was able to study human remains in the field, beyond the boundaries of the classroom. By making a bequest to University College, you too can create extraordinary educational opportunities for our students.

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